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**NHS**  
Sheffield Teaching Hospitals  
NHS Foundation Trust

# Good Health

The newsletter for members of  
Sheffield Teaching Hospitals NHS Foundation Trust



## Get involved!

There are many ways that  
you can get involved in  
the work of our hospitals.

See pages 4-5

# Welcome to the first Good Health of 2020

The winter months are always a busy time of year for our hospitals and community services, and I would like to thank all our staff who have been working hard to provide good care to our patients.



In this edition of Good Health, there are many examples of some of the brilliant work that has been taking place within the Trust, including cutting edge research on treatments for cancer, trauma and multiple sclerosis.

There are also details of investments in new facilities, such as an ambulatory care room for patients with respiratory conditions which is enabling people to return home from hospital more quickly.

There are many ways that you can also get involved. This could be by volunteering in one of the varied voluntary roles that support patients, visitors and staff; helping research by joining a public involvement group; aiding the development of services as part of our Engagement Network, or even becoming a Trust Governor to be a voice for patients and the public.

Full details of the opportunities on offer and how to get involved are detailed on page 4.

**Tony Pedder OBE, Chairman**



**Did you know you can read Good Health online?**

[www.sth.nhs.uk/members/good-health-news](http://www.sth.nhs.uk/members/good-health-news)

Find us on Facebook @SheffieldTeachingHospitals

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## Your chance to shape the future

**Our Making a Difference corporate strategy was developed in 2012. Since then the landscape of the NHS nationally and locally has changed significantly.**

We therefore feel the time is right to reflect how we want to position the Trust for the future. Over the coming months we will be spending time asking as many people as possible both within the organisation and outside for their thoughts and ideas before drafting a new strategy which will then be circulated widely for comment and consideration.

In 2012, we also developed our PROUD values which are now embedded in all that we do. As part of the new strategy development we want to give all our staff, partners, patients and local community representatives the opportunity to consider what behaviours demonstrate these values.

The views of our members will be very important and there will be further details about how to have your say in the next edition of Good Health magazine.

## What's inside...

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## Former Wednesday player donates colposcope

**A former Sheffield Wednesday player has donated new equipment to Jessop Wing, paid for by money raised by his late daughter's charity.**

Willie Henderson, who played for the Owls between 1972-74, visited the Trust to present a new colposcope, a device used to examine a woman's cervix and detect possible cervical cancer.

Willie's daughter, Michelle, died from cervical cancer in 2012 on her 28th birthday, and Willie is continuing the work of the Michelle Henderson Cervical Cancer Trust, which she established before she passed away.

£15,000 raised by the charity was used to pay for the colposcope, which features state of the art image capture technology that enables clinicians to better compare results of examinations and spot any abnormalities.

Willie, 75, said "Sheffield was fantastic to me. The rapport I had

### Important

**Try not to put off cervical screening.** It's one of the best ways to protect yourself from cervical cancer. For more information, visit: [www.nhs.uk/conditions/cervical-screening](http://www.nhs.uk/conditions/cervical-screening)

with the fans could not have been better, and I have never forgotten what the Sheffield people did for me, it was two of the best years of my life. So I wanted to give something back."

A colposcopy procedure is often undertaken following the detection of abnormal cells at a cervical screening (smear test), and Willie emphasised the importance of women attending.

"You hear that some ladies don't attend because of embarrassment," he said.

"I always say that embarrassment can't kill you, but cervical cancer can."

## Sheffield joins national trial for major trauma patients

**We have become one of 11 major trauma centres across the UK to recruit patients to a national trial researching the best way to stop bleeding in patients with severe injuries.**

The UK-REBOA trial is looking at whether inserting a balloon into the aorta (the main artery that carries blood away from the heart) of a patient with life threatening bleeding from their abdomen or pelvis can improve their outcome.

Bleeding is the most common cause of preventable death after severe injury, and research has shown that early treatment for it can save lives. Stopping the bleeding usually requires an operation.

REBOA, which stands for Resuscitative Endovascular Balloon Occlusion of the Aorta, is a new treatment that involves passing a small inflatable balloon into the aorta to stop the bleeding until the patient can be taken to an operating theatre, when the balloon is then removed.

The trial is funded by the National Institute for Health Research (NIHR).

Dr Stuart Reid, Consultant in Emergency Medicine and Major Trauma, said: "It is very exciting for us to be able to contribute to cutting edge major trauma research in the UK. It is the result of close collaboration between a number of specialties within the Sheffield Adult Major Trauma Centre and the research teams."

### Cervical screening

- Cervical screening (a smear test) checks the health of your cervix. The cervix is the opening to your womb from your vagina.
- It's not a test for cancer, it's a test to help prevent cancer.
- All women and people with a cervix aged 25 to 64 should be invited by letter.
- During the screening appointment, a small sample of cells will be taken from your cervix.
- The sample is tested for changes to the cells of your cervix.
- Finding abnormal changes early means they can be monitored or treated so they do not get a chance to turn into cervical cancer.
- You'll get your results by letter, usually in about 2 weeks.





# Get involved!

**As a Foundation Trust Member there are many ways that you can get involved in the work of our hospitals.**

## **Volunteer and make a difference**

**The Voluntary Services Team and 500 volunteers at STH are supported by the Sheffield Hospitals Charity.**

Our aim is to improve the experience of patients and visitors to the hospital as well as supporting staff.

Volunteers undertake a wide range of roles including Hospital Welcomers who guide people in the right direction, Pharmacy Runners who get medications to patients more quickly, Companions who keep patients company and Arts Activities volunteers who help to run art groups with patients.

It's the little things that make a stay in, or visit to hospital a more pleasant experience.

People volunteer for a variety of reasons including a desire to help others, to give back to the NHS after a personal experience, as a way to fill their spare time or to get experience for a future career. All we ask is for three hours per week of your time for at least six months, with a regular commitment and a caring and dependable nature.

Volunteers complete the Trust's mandatory training to ensure they are up to date with everything they need to know.

Applications can be made online from the 1st to the 15th of each month with different opportunities advertised each month due to need.

After making an application, prospective volunteers are invited to an Information Session to find out more.

Find out more at [www.sth.nhs.uk/work-for-us/volunteering](http://www.sth.nhs.uk/work-for-us/volunteering), by emailing [sth.volunteer@nhs.net](mailto:sth.volunteer@nhs.net) or calling 0114 271 5735.





## Help with research

**Research and innovation are central to our work and help us to find more effective treatments for our patients.**

Working closely with partners, we develop new treatments and technologies. In 2018-19, over 11,500 adult patients took part in research across our hospitals.

We have 15 public involvement groups spanning a wide variety of disease areas. They are actively involved in research projects by informing the design of the research, ensuring the methods used will be appropriate for participants, helping write the information that participants will receive and also helping co-design new health technologies.

We also have Patient Research Ambassadors who are volunteers that promote and raise awareness of health research and explain more about it to the public.

We are keen to broaden the network of patients, carers and the public we work with. Are you interested in finding out more? You don't need previous experience in research to get involved.

For more information visit [www.sheffieldclinicalresearch.org/for-patients-public/public-involvement-in-research](http://www.sheffieldclinicalresearch.org/for-patients-public/public-involvement-in-research)

Email [sth.getinvolved@nhs.net](mailto:sth.getinvolved@nhs.net)  
Telephone 0114 271 1628.

## Have your say: Visiting hours survey

We are conducting a survey help us evaluate our visiting hours, which were changed in January 2018 to allow flexible visiting between 8am-8pm in inpatient areas.

If you have been an inpatient, visitor or staff member in an inpatient area, we would be very grateful for your feedback. Please take the survey at <http://ratenhs.uk/qsWjUI> by 7th March 2020.

## Join our Engagement Network

**The Trust has set up an Engagement Network to enhance our existing patient feedback activities.** We want to create new opportunities for local people to have their say about our services.

The Engagement Network is linking with local community groups and organisations. By tapping into existing groups and networks we hope that it will grow to represent the communities that we serve.

For more information about the Engagement Network please contact [sth.engagement@nhs.net](mailto:sth.engagement@nhs.net).

We have also set up a database of members who have expressed interest in getting involved in reviewing our services.

If you are interested in being included please complete and return the questionnaire included with this issue of Good Health, or online at [www.sth.nhs.uk/members](http://www.sth.nhs.uk/members).

Any information that you provide will be kept securely and will only be accessible to the Foundation Trust Membership Office. You can opt out of involvement should you chose.

## Become a Trust Governor

**Could you be a voice for patients and member of the public?**

As a Trust Governor you would be a link between the Board of Directors and Trust Members, representing the views of patients and the public about how the Trust's services are developed and run.

Governors are elected to the Council of Governors by Trust Members are responsible for:

- Holding the Non-Executive Directors to account for the performance of the Board of Directors
- Discussing strategic plans and helping the Trust plan for the future
- Sharing information about key decisions with Trust Members
- Appointing the Chair and Non-Executive Directors

Governors don't need any particular skills or experience but it's important that they are able to put the needs of the community above their own personal preferences, that they value the contributions of different people, can ask questions in a constructive but non-confrontational manner and are enthusiastic and able to work as part of a team.

We are arranging some drop in sessions in March and April for Members to come along, meet our current Governors and find out more.

If you're interested please call Jane Pellegrina in the Foundation Trust Office on 0114 271 4322, email [jane.pellegrina1@nhs.net](mailto:jane.pellegrina1@nhs.net) or write to the Foundation Trust Office, Northern General Hospital, Herries Road, Sheffield S5 7AU.





Sally Craig

## Annual Members' Meeting

**The Annual Members' meeting is a chance for Governors to meet Trust members and also the general public. It also includes a presentation on the work and performance of the Trust during the previous 12 months.**

The Chief Executive, Kirsten Major, reported that it had been a busy but successful year.

We heard that remediation work had started on the Hadfield Building and that two new wards would come into operation at the Northern General Hospital. She also reported that the Trust had invested over £24 million in new facilities and equipment including:

- A new Eye Centre at the Northern General Hospital
- New Outpatients' department at Weston Park Hospital
- New walkway to link Weston Park Hospital with the Jessop Wing and the Royal Hallamshire Hospital
- Major theatres upgrade at the Hallamshire and Northern General Hospitals.
- New lifts the Hallamshire Hospital
- A second surgical robot

A comprehensive summary of the Annual Accounts was provided by the Director of Finance. You can see the full Annual Report and the Quality Report at [www.sth.nhs.uk/about-us/official-publications](http://www.sth.nhs.uk/about-us/official-publications)

After the formal presentations members took part in a Q&A session with the Directors, followed by an opportunity for everyone to look round a range of stalls showcasing some of the exciting work taking place across the hospitals and in the community.

There was also an interactive session with Amanda Jones, Stroke Nurse Consultant, about important developments in stroke care.

Look out for more details of the 2020 meeting in the next edition of Good Health.

**Sally Craig**  
Governor



Steve Barks



David Foster

## Food, glorious food!

**Governors Steve Barks and David Foster are passionate about the food served at our hospitals and wearing their thermals went to find out more at the Central Processing Unit (CPU) at the Northern General, where they were shown around by Catering Manager Jeff Swallow and Quality Assurance Manager Kay Gratton.**

The CPU is responsible for producing over 75% of meals served up in wards, departments and in the restaurants and canteens. Using quality produce - the Trust has Soil Association accreditation - and, where possible, locally sourced ingredients (including Sheffield's famous Henderson's Relish), meals are produced 24 hours in advance, chilled and dispatched across the Trust in regeneration trolleys which can heat the food prior to service.

The emphasis is on being responsive to patients' needs, whether for cultural or medical requirements. For example, food texture for swallowing can be changed according to the International Dysphagia Diet Standards.

Feedback from what has been popular on the menu, from food tastings and from ward audits is a priority for the catering department in their aim to provide nutritious, healthy and satisfying offerings to patients, staff and visitors alike.

Waste is also taken very seriously. It is analysed and then disposed of in as environmentally sustainable ways as possible. To this end, from 2020, the Trust is contracting with a food recovery company which will turn its waste into organic matter for fertilisers and provide energy to the national grid.

Catering is just one of the many various vital elements in the bigger picture of patient and staff care and works continuously to deliver a good diet.







Patient David Offler opens the unit with staff

# New ambulatory care facility enables patients to return home faster

**An ambulatory care room providing specialist care for patients with respiratory conditions has been officially opened at the Northern General Hospital.**

The room in the Brearley wing was opened by patient David Offler, who was treated at the hospital for a collapsed lung and emphysema.

The room provides a range of diagnostic and therapeutic procedures, and dedicated recovery area, for respiratory and hepatology patients who may previously have had to stay in hospital for treatment.

Suitable patients can be treated for conditions such as pleural effusion (a build up of fluid around the lungs), and undergo procedures such as ascitic drains (a way of draining excess fluid) and thorascopies (examination of the lining of the lungs).

Being treated in the ambulatory facility means they are able to return home more quickly and enjoy a better quality of life, while reducing unnecessary hospital admissions.

Mr Offler, 78, of Totley, said: "I was honoured to be asked to open the room. I was very grateful for the care I received in hospital. It was the first time I have been in hospital, and I came out feeling good.

*The new ambulatory care room provides a dedicated recovery area for respiratory and hepatology patients.*

"Anything that helps patients has got to be a good thing."

The idea for the room came from the 'Give it a Go Week' initiative, where staff are encouraged to try out new ideas that could lead to improved ways of working. Using the room led to significant length of stay reductions and a business case was developed to provide a permanent facility.

Dr Imran Aslam, Respiratory Consultant, said: "Previously some of the patients who we are now able to treat in the ambulatory facility may have had to stay in hospital on a ward for five to seven days.

"Now, suitable patients are able to come in, have their procedure and then go home. It makes things smoother and faster, and the feedback from patients has been very good.

"It is also an excellent environment to provide training to our respiratory trainees."

## Two new wards open at the Northern General

**Two new wards are now open at the Northern General Hospital - Vickers 2 and Vickers 3.**

The new unit off Vickers Corridor houses a 24 bed Diabetes and Endocrine ward and a 24 bed Acute Medicine ward.

The new wards are permanent and will remain open when the Hadfield works are complete and the building re-opens.

## Supporting Rainbow badges

**Being an inclusive organisation and embracing the differences of our patients and colleagues is important.**

We have committed to do even more to support and celebrate diversity. One of the small things we have done is to adopt the Rainbow badge initiative to support LGBTQ+ patients and colleagues.

By wearing the badge we are saying to LGBTQ+ people and families:

- You can talk to me freely and without worry about who you are and how you feel
- I will do my best to get support for you if you need it
- This is a place of inclusion, you are not alone

This simple visible symbol of support and inclusivity can make a big difference. It may even make the difference between someone accessing the healthcare they need or not.



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Together at every step.

## Pancreatic cancer survival rates haven't improved in 50 years... we're changing that

This year, over £340,000 of Weston Park Cancer Charity's funds have been invested into Weston Park's Cancer Clinical Trials Centre, which delivers the vital research and clinical trials that often change and save lives.

Professor Jon Wadsley, Consultant Clinical Oncologist, is leading trials on pancreatic cancer, currently the third leading cause of cancer death in the UK.

"We're seeing pancreatic cancer become more prevalent, and it's expected to become the second leading cause of cancer death in the next decade.

"From laboratory research we do now have a better understanding of the molecular changes underlying pancreatic cancer, and the fact that a number of subtypes of pancreatic cancer can be identified which might benefit from different, more targeted treatment. This may mean that we could potentially impact survival rates.

"We're inviting newly diagnosed patients to consent to a trial that involves taking some cancer tissue for molecular profiling. The data we gather is shared across a national database contributing to the same trial. That data, from across the UK, can help us to identify potentially more individualised treatment types, ones that patients of these specific cancers might respond better to. In time, I expect to see it change the way we treat and the patients live with and survive pancreatic cancer."

Sheffield is one of a number of UK centres recruiting to this study, which fits perfectly with our goal at Weston Park Cancer Centre of increasingly personalising the treatment that we offer to our patients to ensure the best possible outcomes.

**Enabling and funding research is just one of the ways Weston Park Cancer Charity is here, at every step, to support people with and beyond cancer.**



## Fatigue associated with cancer research

**We know that fatigue is a common issue amongst our patients who have cancer, but we don't always have a good understanding of the factors behind this, or the best things we can do to help.**

We have been working with colleagues at King's College, London, to investigate a number of factors which may influence levels of fatigue in patients with long term conditions including cancer. We are focusing on how people cope with fatigue over time and its effect on people's lives, including quality of sleep, anxiety and depression.

The Cancer Clinical Trials Centre team at Weston Park Cancer Centre has recruited 50 patients to this study, and the results will allow us to target problem areas and help people manage fatigue.

## Can aspirin help reduce cancer diagnoses?

**Weston Park's participation in the international Add Aspirin trial hopes to determine whether or not aspirin, a common painkiller drug, can help reduce the chances of developing cancer.**

There is evidence that taking regular aspirin may reduce cancer diagnoses and their outcome but it is not yet clear whether the potential benefits outweigh the risks associated with taking aspirin on a regular basis.

The trial is being led by the MRC Clinical Trials Unit at University College London, and is recruiting patients with breast, prostate, bowel and oesophagogastric cancers. So far 90 patients in Sheffield have participated, making a really valuable contribution to the trial.

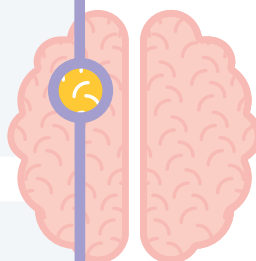


# Can you help us take the next big step towards a cure for MS?



Sheffield  
Hospitals  
Charity

**We need to raise £200,000 to fund a three-year research project into Multiple Sclerosis.**



"Eleven years ago, I was diagnosed with Multiple Sclerosis.

Nowadays, my disease controls my life. I feel exhausted all over, right down to my fingertips. Some days, every move I make is like wading through mud in wet, heavy clothes.

The research in Sheffield gives me hope that one day, I'll receive that call to say a cure's been found."

**With more than 100,000 people living with Multiple Sclerosis in the UK, it is the most common cause of physical disability in adults under 50.**

Existing treatments focus on alleviating symptoms but Sheffield scientists are determined to find even better treatments – and work towards a cure – for MS.

A new research project, led by Professor John Snowden and Professor Basil Sharrack, will build on their clinical research into a new Stem Cell Therapy (AHSCT). The results have been amazing, for the first time ever clinicians have been able to reverse disability in some patients, unfortunately, stem cell therapy doesn't work for everyone.

The research will improve our understanding of MS, identifying new ways to measure and track the progression of the disease which will allow doctors to predict how MS is likely to develop in their patients, so they can prescribe the most effective treatments at the most effective time, to prevent the onset of long-term disability.

To find out more about the research project or to make a donation, please visit [sheffieldhospitalscharity.org.uk/MSresearch](https://sheffieldhospitalscharity.org.uk/MSresearch), call 0114 226 7351 or email [charity@shct.nhs.uk](mailto:charity@shct.nhs.uk)



# Patients say thank you for life-changing care

**A Sheffield professor has thanked a cardiology team for saving the lives of both him and his wife in less than five years.**

Professor Edward Winter began suffering with chest pains and was referred by his GP to the Cardiothoracic Centre at the Northern General Hospital. After an initial consultation, Edward underwent a coronary CT scan and an echocardiogram.

Edward said: "The morning after my CT scan I received a call to tell me that one of my coronary arteries was seriously narrowed and I needed to have a stent inserted.

"My stent was inserted the next day and I was discharged home the following morning."

Edward wrote to us to express his appreciation for the way his life was saved. However, just four years earlier, Edward had written a very similar letter in appreciation of the same team for saving the life of his wife, Anne.

Anne had suffered a heart attack whilst the couple were gardening. She also had a stent fitted within only three hours of her heart attack.

Edward said: "Anne and I greatly appreciate the care we have had. We both have received excellent, life-saving care from the Consultants, the attentive nursing staff, and the whole team in coronary care."



**A computer programmer who was able to marry his fiancée after being diagnosed with a brain tumour has thanked staff for his care.**

Martin Milan, 44, of Doncaster, tied the knot with his fiancée Rachel just weeks after undergoing a major operation to remove as much of the tumour as possible.

Martin said: "Despite my illness, for now I just feel amazingly lucky, almost indecently lucky, to be where I am."

Martin first realised something was wrong when he had vision problems at work, and his family persuaded him he should go to A&E.

An MRI scan revealed that in fact he had a brain tumour, and he was referred to the Royal Hallamshire for treatment.

"The care has been fantastic, not only the surgery but also the nursing. I was absolutely blown away by it," he said.



**A woman whose brain tumour doubled in size while she was expecting her son has thanked specialists 14 years after they saved both her and her son's life.**

Louise Houghton, 46, of Barnsley, posted a heartfelt Tweet thanking staff for "another precious year of life" after they successfully removed a brain tumour in August 2005.

Her son Rhufon, was delivered nine weeks premature and weighing just 4lb 10ozs. Four days later, a team of surgeons at the Royal Hallamshire removed the tumour during a 15 hour operation.

Louise said: "It's no exaggeration to say that without the teams at the Royal Hallamshire and Jessop Wing we wouldn't be here today."

Louise Houghton  
@houghton\_louise

My son and I wouldn't be here today if it wasn't for the life-saving work of our #NHS. My thanks to @SheffieldHosp for another precious year. Acoustic neuromas don't need to be life-threatening, but they are when you're pregnant and the tumour doubles in size!  
#NHSlove





# Cardiac rehabilitation programme gives Sarah a new lease of life



**A heart failure patient says she has a new lease of life thanks to a community cardiac rehabilitation programme.**

**Sarah Glossop has seen huge improvements in her physical and mental health as a result of the exercise-based programme, which is run by the Community Cardiac Rehabilitation team and takes place at the Graves Health and Sports Centre.**

Sarah, 49, of Dore, Sheffield, has cardiomyopathy, a disease of the heart muscle which can affect its ability to pump blood around the body and lead to heart failure.

She was diagnosed after going to a late-effects clinic, which she attends as a result of having leukaemia as an 18-year-old. Tests revealed that her ejection fraction (a measure of how much blood is pumped by the heart with each contraction) was just 23%.

Sarah, who has a 15-year-old daughter and runs a dog walking business, said that the diagnosis affected her confidence so much that she thought she may have to give up her job.

She said: "I had thought that I was just run down after a stressful year, but when I got the diagnosis it really devastated me. I was very down about it and I just could not function. I was terrified as I had read that people with my condition can die suddenly, and I was worried that could happen to me. I had no confidence in doing any exercise at all, I was worried I wouldn't be able to work. I had completely lost my mojo."

She was referred to the Heart Failure team, and subsequently the Community Cardiac Rehabilitation team.

After being visited at home by cardiac specialist nurses she was encouraged to take part in the programme of exercise classes, two times a week for six weeks. She was set the individual goal of increasing her confidence in doing exercise, and built up the amount she could do using gym equipment and circuit training.

Her ejection fraction is now back up to 58%, which is within a normal range

"It has made such a massive difference to me. I got my vitality back, I feel alive and really well. I feel back to my normal self. I am back to doing more dog walking, and I find that I have more stamina which helps, but more than that the fear that had been holding me back is gone."

## Patients creating and visualising music

**Three pieces of artwork created by people with hearing impairments are on display in the Audiology and Ear Nose and Throat departments.**

Working with the Audiological Science department at Sheffield Teaching Hospitals and the Department of Music at the University of Sheffield, participating patients took part in workshops where they created a piece of music. They then used graphics and images to create visual interpretations of the music.

The project, which was funded by Sheffield Hospitals Charity and Arts Council England, encouraged participants to try different instruments and techniques and take inspiration from poetry, paintings and graphic scores.

Mir Jansen, Arts Coordinator, said: "We wanted to see what difference creative activities made to people's experience of hospital and healthcare, and the compositions they have developed are amazing."



Dr Harriet Crook, Lead Clinical Scientist and a founder member of the Hearing Aids for Music Research Group, said: "There is lots of evidence about the impact of music for health and wellbeing, and we are really proud that we have the artworks as a visual reminder."

# The mystery of the missing windows

**Sheffield Hospitals History Group (SHHG) were surprised and delighted to receive an email from a resident of Missouri, USA in November.**

The sender had recently purchased a stained-glass window with the title 'Arthur Jackson Ward'. Her research showed that it may have come from the Royal Hospital, Sheffield.

When the Royal Hospital on West Street closed in 1978, five windows were saved and are now in the Heritage Room at the Northern General Hospital. There were nine fanlight windows originally, all placed at the entrances to wards and dedicated to prominent people associated with the hospital. The ones the group have are Littlewood (1904), Norfolk (1895), Edgar Allen (1912), Pye-Smith (1923) and Keeling (1912). Now that Arthur Jackson has been discovered, the remaining missing windows are Bernard Wake, May and Arthur Hall.

The dates on the windows indicate the year the ward was opened. They variation in the dates is because the new wards were not all brought into use at the same time.

Arthur Jackson (1844 - 1895) was an Honorary Surgeon at both the former Royal Hospital and Royal Infirmary. There is also a portrait in oils and a photograph of him in the SHHG collection. The ward which bore his name (and from which the fanlight was taken) was a Nightingale ward located on the ground floor of the Royal Hospital, opposite the main entrance. The new owner of the window tells us she has no idea how it got to the US and says there is no date on the window. She says "it appears the date was there at one time and has been erased, maybe by someone trying to clean the window."



## Dates for your diary

**25 February 10:00 to 12:00**

Board of Directors meeting in public Undergraduate Common Room

**31 March 12:30 to 14:30**

Board of Directors meeting in public Undergraduate Common Room

**31 March 15:00 to 17:00**

Council of Governors meeting in public Undergraduate Common Room

**28 April 10:00 to 12:00**

Board of Directors meeting in public Undergraduate Common Room

**19 May 10:00 to 12:00**

Board of Directors meeting in public Undergraduate Common Room

**30 June 10:00 to 12:00**

Board of Directors meeting in public Undergraduate Common Room

**30 June 15:00 to 17:00**

Council of Governors meeting in public Undergraduate Common Room

These meetings are open to members of the public, so why not come along.

If you would like to attend please contact [jane.pellegrina1@nhs.net](mailto:jane.pellegrina1@nhs.net) or ring the Membership Office on **0114 271 4322**.



**Please register me as a member of the Sheffield Teaching Hospitals NHS Foundation Trust**

**IT'S FREE!**

Title	<input type="checkbox"/> Mr	<input type="checkbox"/> Mrs	<input type="checkbox"/> Ms	<input type="checkbox"/> Dr	<input type="checkbox"/> Other...	<input type="text"/>		
Family Name	<input type="text"/>							
First Name	<input type="text"/>							
Address	<input type="text"/>							
Postcode	<input type="text"/>		Telephone	<input type="text"/>				
Email	<input type="text"/>							
Date of Birth	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>	/	<input type="text"/>	<input type="text"/>

**I would describe my ethnic background as:**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> White British          | <input type="checkbox"/> White Other (non British) | <input type="checkbox"/> Asian or Asian British |
| <input type="checkbox"/> Black or Black British | <input type="checkbox"/> Mixed / Multi heritage    | <input type="checkbox"/> Other Not stated       |

**I declare that I am eligible and would like to become a Member:**

- |  |   |
|--|---|
| <input type="checkbox"/> Public member | <input type="checkbox"/> Patient member |
|--|---|

**Signed**

Members will not receive any preferential access to health services as this would be contrary to NHS principles.

**Post to: Sheffield Teaching Hospitals NHS FT, FT Office, Clock Tower Building, Northern General Hospital, Sheffield S5 7AU**